

Junior Development Program FAQs

Q. What is the Junior Development Program's focus and age range?

Our Junior Development Program, is a 8 session program designed according to Adelaide United's philosophy, caters to boys and girls aged 5 to 13, regardless of their footballing abilities. It's aimed at developing players' skills both on and off the field.

Q. What makes this program stand out?

Expert Coaching Team: Our program boasts experienced coaches, including former Adelaide United star Marcelo Carrusca, dedicated to unlocking every player's potential.

Holistic Development: Beyond soccer skills, we emphasize life skills like teamwork, discipline, and resilience, nurturing well-rounded individuals.

Confidence Building: As children progress, their confidence naturally grows, boosting their self-assurance and self-esteem.

Promoting Healthy Lifestyle: Regular physical activity is essential for a healthy lifestyle, and our program encourages children to stay active.

Q. Are there specialized sessions for girls?

Yes, in addition to mixed sessions, we offer girls-only sessions at Ridley Reserve on Wednesdays and St Clair on Saturdays, providing an inclusive environment for female participants.

Q. What are the session details for St Clair and Ridley Reserve locations?

St Clair Oval:

Address: Brocas Ave, St Clair SA 5011

<https://goo.gl/maps/uCKFCGgJa4mcYpxq7>

Dates & Session Times:

Monday, 23 October - Monday, 11 December (8 Sessions)

5 - 8 Year Old - 6:00pm - 7:00pm

9 - 13 Year Old - 7:15pm - 8:15pm

Saturday, 28 October – Saturday, 16 December (8 Session)

5 - 8 Year Old - 9:00am - 10:00am

9 - 13 Year Old - 10:15am - 11:15am

Ridley Reserve East

Address: Judd Road, Elizabeth SA 5112

<https://goo.gl/maps/j7a6kDYAdN4n3MXr6>

Dates & Session Times:

Wednesday, 25 October - Wednesday, 13 December (8 Sessions)

5 - 8 Year Old - 6:00pm - 7:00pm

9 - 13 Year Old - 7:15pm - 8:15pm

ADELAIDE UNITED FOOTBALL CLUB

Q. How are participants grouped, and what benefits are included?

Participants are grouped based on age and ability to ensure effective learning. All players receive an exclusive UCAN Adelaide United Junior Development Kit (jersey, shorts & socks), a One Game Membership for Season 2023/24, and a \$20 AUFC Store Merchandise Voucher.